

# Re: Error Message

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*Source:*

[http://www.tech-archive.net/Archive/Windows/microsoft.public.windows.inetexplorer.ie6\\_outlookexpress/2007-11/m](http://www.tech-archive.net/Archive/Windows/microsoft.public.windows.inetexplorer.ie6_outlookexpress/2007-11/m)

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- *From:* "Bruce Hagen" <Nospam@xxxxxxxxxxxxxxxx>
  - *Date:* Mon, 12 Nov 2007 21:29:30 -0800
- 

E-mail scanning does not stop spam. Message rules or spam programs do.

Turning off e-mail scanning is safe. See:

Viral Irony: The Most Common Cause of Corruption.

<http://www.microsoft.com/windows/IE/community/columns/filecorruption.mspx#EOAAC>

And this is from Symantec, but applies to all anti-virus programs.

From:

<http://snipurl.com/bmf6>

Is my computer still protected against viruses if I disable Email Scanning?

Disabling Email Scanning does not leave you unprotected against viruses that are distributed as email attachments. Norton AntiVirus Auto-Protect scans incoming files as they are saved to your hard drive, including email and email attachments. Email Scanning is just another layer on top of this. To make sure that Auto-Protect is providing the maximum protection, keep Auto-Protect enabled and run LiveUpdate regularly to ensure that you have the most recent virus definitions.

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Bruce Hagen  
MS-MVP Outlook Express  
Imperial Beach, CA

"Goldilocks" <Goldilocks@xxxxxxxxxxxxxxxxxxxxxxxxxxxx> wrote in message  
<news:205382B8-F56B-46A1-9634-7AD2F619EDDA@xxxxxxxxxxxxxxxxxxxx>

Thanks Bruce. I did the first steps, sent a test e-mail, and it went out fine. Did some more internet stuff, sent another e-mail in reply to one sent to me, and got the same error message again. So then I went back to the compacting instructions. I have not to this point turned off the e-mail scanning in my Trend Micro Internet Security program, because as far as I know, it is the only way to protect me from spam, which I do not want. Do you have any further suggestions to get rid of spam if I turn off that aspect of Trend?

Thank you for your help.

## Re: Error Message

"Bruce Hagen" wrote:

Please include all previous messages in your replies.

You didn't follow the fix entirely if you didn't create a new Outbox. The dbx files are hidden. Here it is spelled out.

Tools | Options | Maintenance | Store Folder will reveal the location of your Outlook Express files. Press the Tab key to highlight the folder location, then Ctrl+C. Close OE, then Start | Run | Ctrl+V will put the location in the box – Click OK and you'll see the OE files. Otherwise, write the location down and navigate to it in Windows Explorer.

In WinXP, Win2K & Win2K3, the OE user files (DBX and WAB) are by default marked as hidden. To view these files in Windows Explorer, you must enable Show Hidden Files and Folders under Start | Control Panel | Folder Options Icon | View, or in Windows Explorer | Tools | Folder Options | View.

With OE closed, find the DBX file for the folder in question {Outbox.dbx} and delete it. A new one will be created automatically when you open OE.

General precautions for Outlook Express:

Do not archive mail in default OE folders. They will eventually become corrupt. Create your own user defined folders for storing mail and move your mail to them. Empty Deleted Items folder regularly. Keep user created folders under 100MB, and Default folders as empty as is feasible.

After you are done, follow up by compacting your folders manually while working \*offline\* and do it often.

Click on Outlook Express at the top of the folder tree so no folders are open. Then: File | Work Offline (or double click Working Online in the Status Bar). File | Folder | Compact all folders. Don't touch anything until the compacting is completed.

Turn off e-mail scanning in your anti-virus program. It is a redundant layer of protection that eats up CPUs and causes a multitude of problems such as time-outs and account setting changes. Your up-to-date A/V program will continue to protect you sufficiently. For more, see:

<http://www.oehelp.com/OETips.aspx#3>

In Tools | Options | Maintenance: Uncheck Compact messages in background and leave it unchecked. {N/A if running XP/SP2}.

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Bruce Hagen  
MS-MVP Outlook Express

Re: Error Message

Imperial Beach, CA

"Goldilocks" <Goldilocks@xxxxxxxxxxxxxxxxxxxxxxxxxxxx> wrote in message  
[news:215B3C26-8B92-4461-9205-E3D25EB67637@xxxxxxxxxxxxxxxxxxxx](mailto:news:215B3C26-8B92-4461-9205-E3D25EB67637@xxxxxxxxxxxxxxxxxxxx)  
> These are the same "fixes" I had already printed out from the previous  
> question regarding this same issue. I do not have duplicate mail > accounts.  
> If  
> I do the start, find, search and type in outbox.dbx there is no file  
> found.  
> So I can't delete that either. I'm sorry if I didn't make it clear that > I  
> had  
> already followed that fix entirely to no avail. There is something else  
> missing.  
>  
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