

Re: Are you stressed?? take the test and see....

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From: Adriana (*removedmywingstossedoutthehaloandalwaysintrouble_at_heavenhelpmenow.com*)

Date: 02/17/04

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LOL...no I'm not stressed at all...wonderful close up of the pelicans! <vbg>
I think I need a break now...

A

"PaulyG" <nospampagitta@pagitta.com> wrote in message
news:eClgLfQ9DHA.972@tk2msftngp13.phx.gbl...

Regards..Paul

<http://pagitta.com/>

This is a good exercise in relaxation. Read the text below first and then
open the pop up.

The attached picture was devised as part of a stress test developed by
researchers at St. Mary's Hospital in London. It is the final picture of a
series of stress determinators to gauge the amount of stress a patient has
built up over a short time.

Look at the attached picture of two dolphins jumping out of the water in
tandem. The research has shown that the more differences you notice in the
two dolphins, the more stressed you are. This is attributed to the
concentration and recognition influences intensifying when stressed.

The two are very similar, so if you can tell the difference without looking
hard, you should pack up what your doing and go and lie down!!!!.

Paulyg

Click the Aussie cool dude button to open

close