

Re: # porgrams running when doing nothing

Re: # porgrams running when doing nothing

Source:

http://www.tech-archive.net/Archive/WinXP/microsoft.public.windowsxp.perform_maintain/2007-01/msg00501.htm

- *From:* "Ken Blake, MVP" <kblake@xxxxxxxxxxxxxxxxxxxxxxxxxxxxxx>
 - *Date:* Thu, 18 Jan 2007 12:57:16 -0700
-

Brian wrote:

I have 39 programs running when I have nothing running on my desktop. That's seems like a lot. Where can I go to get help and knowing what programs to shut down etc.

Programs or processes? Where do you see this number?

My view is that how many you run is irrelevant. **Which** you run can be very important. Here's my standard blurb on this subject:

On each program you don't want to start automatically, check its Options to see if it has the choice not to start (make sure you actually choose the option not to run it, not just a "don't show icon" option). Many can easily and best be stopped that way. If that doesn't work, run MSCONFIG from the Start | Run line, and on the Startup tab, uncheck the programs you don't want to start automatically.

However, if I were you, I wouldn't do this just for the purpose of running the minimum number of programs. Despite what many people tell you, you should be concerned, not with how **many** of these programs you run, but **which**. Some of them can hurt performance severely, but others have no effect on performance.

Don't just stop programs from running willy-nilly. What you should do is determine what each program is, what its value is to you, and what the cost in performance is of its running all the time. You can get more information about these at <http://castleops.com/StartupList.html>. If you can't find it there, try google searches and ask about specifics here.

Once you have that information, you can make an intelligent informed decision about what you want to keep and what you want to get rid of.

Ken Blake – Microsoft MVP Windows: Shell/User

Re: # porgrams running when doing nothing

Re: # porgrams running when doing nothing

Please reply to the newsgroup