

Windows Vista– maintaining performance over time?

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- *From:* Mark G. <mark@xxxxxxx>
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I like WindowsXP, but don't appreciate the way it's gotten sluggish over the years. It's still way better than win98 where you HAD to do a fresh install every 6–12 months, not to mention it's instability in everyday performance. To my WinXP I've done defragmentation, used many programs to try to improve the registry, used other programs to get the spyware out, tested the hard drive out itself (I've had a couple of hard drives and the same sluggishness appears over time), and all of that. I've also upgraded my hardware to what is now 2.5Ghz and 1GB of ram. Not to mention a Geforce 256mb graphics card. None of this helped my sluggish system (it's not that sluggish that you can't use it, but sluggish in that you remember how very snappy it used to be when you first installed it and just wish it was a little snappier).

I go to my dad's computer with 850mhz processor and 128mb's of memory, with a freshly installed WinXP and it's quick and snappy, much more than mines. I don't know if there's anything else I can do to my WinXP except do a fresh intall and reinstall all of my programs again (all 150 of them). So I'm wondering, will Windows Vista fix the problem of os's getting sluggish over time? I know it'll have a registry feature to keep it fresh, but I've used many registry programs and know this doesn't fix the sluggishness that appears after time.

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