

Re: Periodic Disc I/O at approx 1 sec

Source:

http://www.tech-archive.net/Archive/WinXP/microsoft.public.windowsxp.perform_maintain/2004-12/1324.html

From: Chuck (*none_at_example.net*)

Date: 12/28/04

Date: 27 Dec 2004 21:35:02 -0600

On Mon, 27 Dec 2004 18:47:04 -0800, danman <danman@discussions.microsoft.com> wrote:

>My system drive is showing I/O activity approximately once a second as though
>there were some keep alive heart beat was running. It prevents the drives
>from going into a power down. I've play with about everything I can think
>of, e.g. turning off indexing, etc. to no avail.
>
>Anyone have any ideas?
>
>- Dan

Dan,

To isolate the problem, try Filemon (free) from <http://www.sysinternals.com/ntw2k/source/filemon.shtml>. If it is disk activity, Filemon will show what file is being accessed, and what process is accessing it. If it's NOT a file access, try Regmon and Process Explorer (both free), also from SysInternals.

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Cheers,
Chuck

Paranoia comes from experience - and is not necessarily a bad thing.