

Re: I have a huge problem with my computer; low Virtual Memory & S

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Source:

http://www.tech-archive.net/Archive/WinXP/microsoft.public.windowsxp.help_and_support/2007-10/msg00746.htm

- *From:* "Gerry" <gerry@xxxxxxxxxx>
 - *Date:* Wed, 10 Oct 2007 13:43:58 +0100
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Spyware won't cause some of the problems you are experiencing. For these other problems try Ctrl+Alt+Delete to select Task Manager and click the Performance Tab. Under Commit Charge what is the Total, the Limit and the Peak?

How much RAM memory? Right click on the My Computer icon on your Desktop and select Properties any you will find the information on the General tab.

How large is your hard disk and how much free space. Right click on your C drive in Windows Explorer and select Properties to get this information.

Do you leave the computer on 24/7?

Advice on Removing Malware here:

http://www.elephantboycomputers.com/page2.html#Removing_Malware

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Hope this helps.

Gerry

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FCA

Stourport, England

Enquire, plan and execute

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baby_deluded wrote:

Oh, thank you for your help! I'll try that out now!

But what if the program I downloaded wasn't the cause?

Don't worry. I'll try it out. Let's just hope I haven't installed any other programs!

Thanks again! This is killing my life.

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"jestermin" wrote:

try restore point——start —— help and support—— yr find process
here also recommend xoftspy
136912

"baby_deluded" wrote:

I don't know what's wrong with my computer.
I think it might be that recently I downloaded this free thing
off
the Internet for a promotion.
Since then, I believe, my computer has been slow, and
freezing up.

I removed the programs and I also ran a Norton Antivirus
full
system scan and I have an Adaware spyware scan which I
also
conducted; they resulted without any risks found.

Currently, my computer is really slow and every now and
then a pop
up bubble in the bottom right of my toolbar says that
Windows
Virtual Memory is low. I also receive strange pop ups about
my
computer being infected, and for me to download some sort
of
Spyware software and this download box pops up which I just
close.
We never get pop ups and now it seems to occur frequently.

I am really worried because I don't know what's wrong and
how to fix
it. If anyone is able to help I would be so thankful!
It's really disrupting my computer.
Thank you in advance!