

Re: Why is XP running so slowly?

Source:

http://www.tech-archive.net/Archive/WinXP/microsoft.public.windowsxp.help_and_support/2005-06/msg01341.htm

- *From:* "Mooncinder" <Mooncinder@xxxxxxxxxxxxxxxxxxxxxxxxxxxxx>
 - *Date:* Mon, 6 Jun 2005 14:08:03 -0700
-

"Leythos" wrote:

> In article <ABC3DB7F-98D1-4976-AE3C-AB7C04CA1EBC@xxxxxxxxxxxxxx>,
> Mooncinder@xxxxxxxxxxxxxxxxxxxxxxxxxxxxx says...
>> Thanks very much to everyone who's replied. I've already tried defragmenting
>> the hard drive and (as I mentioned in my original post), I regularly use
>> antivirus and anti-spyware/adware programs which are regularly updated.
>>
>> Sorry I didn't include more information about the configuration of my
>> computer in my previous post. What else do you need to know?
>>
>> OS: Windows XP with Service Pack 2
>>
>> Antivirus/anti-spyware software: Avast! Antivirus and AdAware (both are
>> regularly updated). I also use Trend Micro Housecall regularly.
>>
>> 112MB RAM – This struck me as strange because it should be 128MB but this is
>> what was displayed in system properties.
>
> There is your problem – 112MB means you are running 128MB, but your
> video card is using some of that for itself. In addition to that, 128MB
> of RAM is WAY TO LITTLE for XP. You need at least 256MB to make XP
> usable for most people, more like 512MB if you use a few memory hungry
> applications.
>
>> 1.40 GHz
>>
>> I quite often get "virtual memory too low" warning messages and I downloaded
>> and ran Windows memory test but there were no errors. Let me know if any more
>> information would be of help.
>
> See above, you don't have enough real memory.
> --
> --
> spam999free@xxxxxxxxxxxx
> remove 999 in order to email me
>

Re: Why is XP running so slowly?

That sounds like a reasonable explanation except I haven't just installed XP or anything like that. It suddenly slowed down about a month ago but before that, it had been running perfectly at normal speed for a good two years! Trouble is, I haven't changed anything system-wise so I can't figure out what could have caused it to slow down so drastically.

- **References:**

- ◆ **Why is XP running so slowly?**
◇ From: Mooncinder
- ◆ **Re: Why is XP running so slowly?**
◇ From: Mike Hall \ (MS-MVP\)
- ◆ **Re: Why is XP running so slowly?**
◇ From: <----- Which Way ----->
- ◆ **Re: Why is XP running so slowly?**
◇ From: Mooncinder

- Prev by Date: **Windows Installer**
- Next by Date: **RE: annoying pop up ad**
- Previous by thread: **Re: Why is XP running so slowly?**
- Next by thread: **Re: Why is XP running so slowly?**
- Index(es):
 - ◆ **Date**
 - ◆ **Thread**