

Re: certainly just joe–six pack here !

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Source:

<http://www.tech–archive.net/Archive/WinXP/microsoft.public.windowsxp.general/2005–05/msg06624.html>

- *From:* "D@annyBoy" <origin@ld@nnyboy@xxxxxxxxx>
 - *Date:* Thu, 12 May 2005 09:00:21 +0700
-

4) is free for home users

"Gene Murphy" <jvitr1555@xxxxxxxxx> wrote in message

news:uUu1iFiVFHA.628@xxxxxxxxxxxxxxxxxxxxxxxxxxxx

> Hi all Gene Murphy here.

> I sort of agree with JS post, i am not even close to a "techie" but have not
> been bothered by either spyware, malware, pop–ups, Trojans, viruses, worms or
> even hacked into for nearly two years now. This is certainly only my humble
> opinion, but just a suggestion for the newbie's who just want a somewhat
> simple set of software many of it free that I find just lets me run 24/7 on
> broadband with my computer still humming along at top speed and everything is
> set on automatic so i don't even have to run manual updates of any of my
> software programs that protect me, i am way to lazy for all that stuff , and
> just want this computer to make my life easier not harder.

> This is a list of what I run on Windows XP SP2

> 1) Zone Alarm Pro. Yes this can be at first a rather difficult for the average
> home user to configure properly but with just a little reading of the online
> manual and help files it is rather simplistic. This is a paid version but a

> free scan and free version is available at

> <http://www.zonelabs.com/store/content/home.jsp>

> 2) eTrust antivirus by computer associates > This is a paid version but in the
> next line i will give you another anti–virus that is free and is the few ones
> you can run along with other anti–virus programs that do not conflict with
> each other. Information about this one can be found at:

>

http://store.ca.com/dr/sat1/ec_Main.Entry17c?SID=35715&SP=10007&PID=&PN=0&CID=179788&api1=78&api2=

> 3) AVG Anti–Virus, i also run the paid PRO edition but the free one works
> fine also just not quite as many bells and whistles. Information about both
> the paid version and free version can be found at:

> <http://www.grisoft.com/doc/1>

> 4) Microsoft Antispyware: i am running the beta version and it will run out in
> 87 days, so i don't know how much it will cost after this, but for me this is
> a very good program that scans every night at 2 am, which most of my programs
> do so i am not bothered when i am active on the computer. Information about
> this is here:

> <http://www.microsoft.com/athome/security/spyware/software/default.msp>

> 5) IM Secure Pro: This is for the few times i use either msn messenger or yahoo
> messenger and protects you form being hacked into . Don't think they have a

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- > free version of this but there is a trail version available here:
- > <http://www.zonelabs.com/store/content/home.jsp>
- > 6)Webroot Spy Sweeper: another paid version with a yearly subscription fee for
- > current daily updates: it runs also every week in the early am so it does not
- > bother me. details here:

>

<http://www.webroot.com/?pc=64150&rc=1&ps=R&oc=5&mjv=3&mnv=5&bld=194&kc=ppa^lkik^^^kdi` kwl&cd=>

- > 7)Spyware Blaster. This is a free program and i love it! does not actually
- > scan your computer for spyware, but if you update it will just simply
- > completely stop the spyware from being downloading on your machine.
- > Information here" <http://www.javacoolsoftware.inf>
- > 8)Perfect Disc: This is for me, one of the best harddrive defragmenting tools
- > out there, i have compared it with the one that ships with XP and there is
- > just no comparison, it runs in the background, and will only let you get so
- > fragmented before it runs silently in background. This machine run at an
- > amazing speed and i can multitask which i usually do being on the net,
- > building web pages in front page, downloading huge files, be in outlook ,
- > sending and receiving emails all without ever even getting a stalled or
- > aborted program, don't know the last time i had to push alt+ctrl+delete in
- > years :)
- > Hope this helps in some small way, i guess my list looks overwhelming also now
- > that i see it, but it is actually pretty simple for if i can do it, then i
- > swear anyone can. lol info here : <http://www.raxco.com/>

>

> Respectfully

> The "Murf"

>>> harry wrote:

>>>

>>>>Just did a clean installation of xp pro sp1 and download 'avast anti
>>>>virus' from downloads.com. my pc was flooded with undersirable web
>>>>pages which appear by itself. When i go to 'add/remove', there are
>>>>other programs being added such as Internet
>>>>Optimiser,Istsvc,Sidefind,180 search Assistant , Power scan etc whcih
>>>>some cannot be removed off–line.

>>>>My question is why when I download 'Avast'–they are suppose to help
>>>>me to keep my pc clean but I get all these rubbish into my system and
>>>>according to NAV2005, I these are all spyware etc. Precisely why I
>>>>do a clean installation is because NAV cannot clean it and now I am
>>>>back to square it.

>>>

>>>

>>> Avast didn't give you the popups, etc..

>>>

>>> Did you firewall before connecting to the internet?

>>> Did you go to <http://windowsupdate.microsoft.com/> as your first visit on the

>>> Internet and patch with the critical updates?

>>> Did you install/use/immunize with AntiSpyware applications before surfing

>>> the web more than for updates and necessary applications?

>>>

>>> Tip 10 should help you reduce the spyware/malware.

>>> Tip 9 will give you options other than Avast! (although I love Avast!) for

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>>> AntiVirus.

>>>

>>> Microsoft has these suggestions for Protecting your computer from the
>>> various "bad things" that could happen to you/it:

>>>

>>> Protect your PC

>>> <http://www.microsoft.com/security/protect/>

>>>

>>>

>>> Although those tips are fantastic, there are many things you should
>>> know above and beyond what is there as well as other methods and
>>> applications you can use to protect yourself. Below I have detailed
>>> out many steps that can not only help you cleanup a problem PC but
>>> keep it clean and secure as well as running at its top performance mark.

>>>

>>> I know this list can seem intimidating – it is quite long and a lot
>>> to take in for a novice – but I assure you that one trip through this
>>> list and you will understand your computer and the options available
>>> to you for protecting your data much better and that the next time
>>> you review these steps, the time it takes will be greatly reduced.

>>

>> Hello Shenan,

>>

>> Although this list is fantastic, I'm not sure it's particularly helpful to
>> keep posting it. For one thing, it would be far more bandwidth-friendly to
>> put it on the web and post a link.

>>

>> More importantly, I don't think the kind of person who is wide open to
>> malware will be the kind of person who will benefit from your advice. Sure,
>> techie users will lap it up, but I can't see Joe Sixpack user working through
>> all that information in order to secure their PC. What they really want is a
>> magic bullet. That may be impossible but posting, say, a few links to
>> anti-spyware freeware and some short "safe hex" tips will probably be more
>> effective.

>>

>> I hope you don't take offence — like I said, I think your advice is great —
>> so consider this constructive criticism.

>>

>> JS

>

>

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• **References:**

◆ **avast**

◇ *From:* harry

◆ **Re: avast**

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◇ *From:* Shenan Stanley

◆ **Re: avast**

◇ *From:* JS

◆ **certainly just joe–six pack here !**

◇ *From:* Gene Murphy

- Prev by Date: **Re: Trouble Reseting Password**
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