

Re: Programs open when starting windows

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<http://www.tech-archive.net/Archive/WinXP/microsoft.public.windowsxp.general/2004-11/9173.html>

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"Antonio (London)" <Antonio (London)@discussions.microsoft.com> wrote in message news:99443F15-7575-498C-881E-5140A0673BEA@microsoft.com...

- > *As soon as I start Windows XP a lot of programs start automatically: all*
- > *office programs, explorer, messenger, internet connection... I would like*
- > *to*
- > *remove the automatical start of this program and on starting just going to*
- > *the Desktop.*
- >
- > *It's not a virus as I have a strong antivirus and doesn't detect any. I*
- > *have*
- > *tryed aswell the "program tasks" but there's nothing there.*
- >
- > *Could anyone help me, please? Would really appreciate it.*

On each program you don't want to start automatically, check its Options to see if it has the choice not to start. Many can easily and best be stopped that way. If that doesn't work, run MSCONFIG from the Start | Run line, and on the Startup tab, uncheck the programs you don't want to start automatically.

However, if I were you, I wouldn't do this just for the purpose of running the minimum number of programs. Despite what many people tell you, you should be concerned, not with how many of these programs you run, but which. Some of them can hurt performance severely, but others have no effect on performance.

Don't just stop programs from running willy-nilly. What you should do is determine what each program is, what its value is to you, and what the cost in performance is of its running all the time. You can get more information about these with at <http://castlecops.com/StartupList.html> If you can't find it there, try google searches and ask about specifics here.

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Ken Blake, Microsoft MVP Shell/User

Please Reply to the Newsgroup

Once you have that information, you can make an intelligent informed

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decision about what you want to keep and what you want to get rid of.