

Re: new to ng

Source:

<http://www.tech-archive.net/Archive/WinXP/microsoft.public.windowsxp.general/2004-11/1908.html>

From: t.cruise (t__cruise_at_[NoSpam])

Date: 11/03/04

Date: Tue, 2 Nov 2004 15:07:30 -1000

I wouldn't call the AVG FREE version "Top of the line." But, I've been using it for almost two years, and find that it performs well, isn't bloated, is fast, and is current with updates. No AV program can protect a system 100%. The user has to practice SAFE PC habits:

1. Don't open unsolicited email attachments even if the sender is someone you know. Infected systems can automatically replicate the worm and send to the addresses in the address book from the email address of the infected system.
2. Always have a decent firewall running, and know how to use it.
3. Don't accept web site software installs, or Active X control installs unless it's a VERY reputable site.
4. Turn off your preview pane off if you're using Outlook Express, in case someone has sent a malicious script in an html email.
5. File sharing services are hotbeds for viruses/worms. Avoid them.
6. If you use Microsoft Word, set your Macro Security to Medium, which will bring up a dialog box asking if you want the macro to run, if you open a Word Document that has a macro. Unless you are sure that the macro is safe, don't allow it to run.
6. Get an email monitoring utility like Magic Mail Monitor, which downloads email headers at user specified intervals, and allows you to right click headers and left click: Delete. So you can delete spam or questionable email from the server before it's downloaded to your system. Or, you can double click a header, and the email will open in Notepad as text, which can't infect your system, and you'll be able to see if there's anything that should not be there like a pif, scr, vbs files etc. in text, and allow you to delete the message from the server. I don't download any email in Outlook Express which I haven't first checked out with Magic Mail Monitor (FREE), and which I highly recommend. It polls my mail server every 10 minutes (can be configured for more or less time) and a window pops up with headers for new email. If an email needs a quick reply, you can click on Quick Reply and an Outlook Express (or your default email) compose window will open, already addressed to the sender. It also does multiple email accounts. You can download Magic Mail Monitor at:

<http://mmm3.sourceforge.net/>

--

T.C.

t__cruise@[NoSpam]hotmail.com

Remove [NoSpam] to reply

"Wislu Plethora" <wislu@plethora.com> wrote in message

microsoft.public.windowsxp.general: Re: new to ng

news:#ip7M1QWEHA.3084@TK2MSFTNGP10.phx.gbl...
>
> "Phil" <itchy&scratchy@homer.doh.no.spam> wrote in message
> news:OTpAHsQWEHA.3108@TK2MSFTNGP14.phx.gbl...
> >
> > "Wislu Plethora" <wislu@plethora.com> wrote in message
> > news:uupAh7PwEHA.3416@TK2MSFTNGP09.phx.gbl
> > > "Phil" <itchy&scratchy@homer.doh.no.spam> wrote in message
> > > news:#XEVDtPwEHA.4004@tk2msftngpl3.phx.gbl...
> > >> Can nortons bloatware and move to a free top of the line anti-virus
> > >> program like AVG.
> > >> www.grisoft.com
> > >> (get the free version - works great)
> > >>
> > >> --
> > >> Keep America strong!!
> > >> Vote Bush - 2004
> > >>
> > >
> > > "nortons bloatware" consistently outperforms AVG in independent
> > > tests, but leave it to a Bushie...
> > >
> > > Interesting. Do you have any links to this data?
> > >
> > >
> > > Do you have a broken finger? Can you use Google? *You're* the one who's
> > > representing AVG as "top of the line." This, I suppose, is based on the
> > > fact
> > > that it runs smoothly and you've never had a virus infection. Well, I have a
> > > big
> > > ugly dog, and I've never had a virus infection either. It would appear that
> > > my dog is just as effective as your AVG. My remark about your touting Dubya
> > > was made advisedly; there seems to be a general failure on the part of Bush
> > > supporters to be able to logically link causes and effects.
> > >
> > >
> > >