

microsoft.public.windowsxp.general: – Outlook Express taking up 1.5 GB.. how can I free up?

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Hi,

I was trying to free up space on my C: drive when I noticed :

C:\Documents and Settings\Username\Local Settings\Application
Data\Identities\{17F35024-0370-425F-B525-64207616D10F}\Microsoft\Outlook
Express

...was over 1.5 GB large.

I went through all of my newsgroups and used the "catch-up" command on all of them, not 100% sure of what this does but figuring it couldn't hurt... but no space was freed up at all.

How do I free up space here, or limit this folder to a reasonable 300 megs instead of 1.5 GB?

Thanks!