

Hard Drive constant access – any utilities to log activity to help find problem?

Source:

<http://www.tech-archive.net/Archive/WinXP/microsoft.public.windowsxp.general/2004-08/31720.html>

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Date: 08/26/04

Date: Thu, 26 Aug 2004 05:17:35 -0700

Right click on a blank area of the task bar usually at the bottom of the screen.

Select Task Manager in the pop-up.

Click on the Processes tab.

Click CPU at the top of the columns.

This will tell you which tasks are using the most CPU.

Now that you know which one is churning your system you can take the right action.

If you click on the task name and then the End Task button at the bottom of the screen it will end that task. This is dangerous unless you know the task and consequences, but use common sense.

>-----Original Message-----

>I have a fujitsu laptop (512meg RAM, Windows XP, 1.3 pentium M)

>Often, the hard drive is constantly being accessed, which really slows

>down my machine, destroys my battery life, and brings the fan to a

>high speed. I do have alot of applications running in the background

>and would like to find which ones are responsible for heavy loading on

>the hard drive and when.

>Is there a utility or Windows service log that could help me with

>this? Thanks

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