

microsoft.public.windowsxp.general: Re: Disk is fragmenting in a very short period of time.

## Re: Disk is fragmenting in a very short period of time.

**Source:**

<http://www.tech-archive.net/Archive/WinXP/microsoft.public.windowsxp.general/2004-05/23678.html>

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**From:** Alex Nichol (*alexn.mvpdts\_at\_ntlworld.delete.com*)

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Pyramdi36 wrote:

*>Thanks, I've downloaded a couple of things and will let you know. Also, after the last two defrags, I'm pretty sure that these same files remained fragmented:*

Those are restore points. They will only *\*ever\** be used if you restore to one of them, when they will be used just the once, so fragmentation is not of any importance (other than their breaking up free space). They may fall under the head of files that the inbuilt defrag will not touch (as does the page file for example), though I see no reason why they should – other than the saving of time through not doing something unneeded

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