

## XP Processes/Services

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black viper's guide is the most famous one on the net:

<http://www.blackviper.com/WinXP/servicecfg.htm>

it's what i use to streamline my system.

about reformat, you're right. reformat don't erase all the data, which is why data can still be recovered even after a reformat. to truly erase data, you'll need to do something more, like write ones and zeroes several times.

>-----Original Message-----

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>1. Where can I find a list of the basic/default  
>processes/services XP should have running (shown under  
>task manager / admin services) along with the XP default  
>Automatic or Manual settings etc.

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>I know it depends on if you are on a network  
>and other situations of course. I am on a home  
>network with file sharing on. Have DSL and a  
>Linksys router so we can all use the DSL etc.

>

>Better yet, is there a way to find out which service  
>should be auto or manual? I tried setting all to manual  
>to see which ones eventually started themselves  
>and which ones stayed off etc.

>

>Anyway a good new XP install should take care of it  
>for me IF I can get a brand new install with XP  
>not picking up some of my previous settings.  
>Yes, I do a full format before installing but  
>XP still picks up some previous settings.  
>When XP formats it sure doesn't erase the hard drive  
>I know that for sure.

>Anyway thanks

>Pete Carr

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