

# System goes to sleep

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If I walk away from my machine (to have tea, say) and then come back, it takes ages to get going again.

- a) Why is this?
- b) Is it normal?
- c) Can I stop it? – so it just picks up and goes?

Dell Dimension 3000, Windows XP SP2, 3.00 gigahertz Intel Pentium 4, 80.00 GB hard disk, Norton Internet Security 2005, Spyware Doctor.

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