

# System Restore

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Hi, I'm not very techie, so my fault descriptions might be a bit Bohemian.

For some reason, Vista started to load very slowly. I'd be watching the little blue squares run across the screen for about 4 mins. before start.

Dumped all the I.E. add-ons, still the same, so decided to go for System restore.

Trouble is, when I try and start System Restore, I get a message that it is already running and to exit the programme.

I have tried the same in Safe Mode, but get the same result.

Any suggestions greatly appreciated. Please try and keep any responses as simple as poss.

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BigBen999

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