

NIC settings for SQL 2005 and windows 2003?

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Anyone know what is truly recommended for the NIC settings for SQL 2005 when installed on Windows 2003?

Microsoft SQL MVP and SQL author: Mark L. states that the NIC should be set to:

"Maximize data throughput for file sharing."

However, MSDN article states that the setting should be:

"Maximize data throughput for network applications."

Anyone have any definitive resource on actually what it should be set at?

Thank you

DBA DAB

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