

RE: Duplicates x 100

Source:

<http://www.tech-archive.net/Archive/Outlook/microsoft.public.outlook.general/2009-05/msg02346.html>

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 - *Date:* Fri, 15 May 2009 22:14:03 -0700
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"WayneS" wrote:

Office 2003 SP 1

Incoming Pop3

Mail is NOT held at the Pop3 server.

Have deleted all Rules and this did not resolve the problem.

Have 3 programs to stop spy and ad-ware.

Norton Antivirus 2004.

Problem: Receiving hundreds of spam emails daily. These hundreds are duplicated hundreds of times. Outlook gets clogged and will not download from catalog.com. What few emails that do arrive are duplicated and when I delete them in Outlook, they return, but do not allow any of the others at catalog.com to arrive. I look at my mail at catalog.com and there are no duplicates but all the spam is there of course.

How can I 1. stop the duplicates and 2. stop all the spam?

Thanks