

# Re: IS Backups

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Please see attached .gif with screenshot of how it should look like.

You can (and in fact should) test your backups. You can do so with Virtual PC (which recently became free) or on real hardware (el cheapo box will do) and trial versions of Windows and Exchange.

W.Combee wrote:

I know that NTbackup may not be the greatest way to do backups, but for the moment, I don't have much of a choice. While using NTbackup to do an information store backup, the backup will run, and the .bkf file will show as around 60gig. However, if I go into restore to look at the backup file, I am showing the folders that should be there, but no files inside of those folders. Is this normal, or is it something that I should be trying to correct? I don't have an open server that I can use as a restore test server at the moment, so this is something that I would like to make sure is a working backup just in case the server decides it is time to take a dirt nap.

Thanks

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Text from most Windows dialogs can be copied to clipboard with Ctrl-INS.

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Free SQL database Firebird – full support for transaction control, triggers, stored procedures, partial SQL-99 compliance

[http://www.ibphoenix.com/main.nfs?a=ibphoenix&s=1142758270:704186&page=what\\_is\\_interbase](http://www.ibphoenix.com/main.nfs?a=ibphoenix&s=1142758270:704186&page=what_is_interbase)

Free graphics image manipulation program – [www.gimp.org](http://www.gimp.org)

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