

## Re: Unsaved worksheet

**Source:** <http://www.tech-archive.net/Archive/Excel/microsoft.public.excel.misc/2004-08/8118.html>

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**Date:** 08/30/04

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> *sorry to say but it is gone*

That is the ONLY "safe" answer, but short of methods used by NSA there are file recovery programs, that might help.

Of course the more you do on your computer the more likely parts of the file will have been destroyed --- even the fact of installing additional software. Take a look at <http://www.mvps.org/dmcritchie/excel/backup.htm> look for the word "deleted" you will run across at least on free recovery utility. Probably not worth your time unless it is going to take you more than a day to recover. You usually build things a little better the second and third time around. By the third time you usually get serious about creating and maintaining a backup CD in a safe location.

The main thing to keep in mind is to back up your files.

You might check the same directory for files with 8 hex digit names with no file extensions and file with extension of .bak or .bck Just watch out that you don't break something else.

Please tell us in a few days what you did, feedback is always at least interesting.

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HTH,

David McRitchie, Microsoft MVP - Excel [site changed Nov. 2001]

My Excel Pages: <http://www.mvps.org/dmcritchie/excel/excel.htm>

Search Page: <http://www.mvps.org/dmcritchie/excel/search.htm>

"Frank Kabel" <[frank.kabel@freenet.de](mailto:frank.kabel@freenet.de)> wrote in message

> sorry to say but it is gone

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> shaber@haber.com wrote:

> > If I didn't save my worksheet is it gone forever? Or is

> > there some way to find it?