

Store data into Access

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From: Art (Art_at_discussions.microsoft.com)

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Hi,

I have a small table in an Access database, each record has 3 fields. I want to store 3 values into a record. I looked at the view SQL in Access and saw the following:

```
INSERT INTO Loaded_Tables ( TableName, Date_Added, [Rows] )  
SELECT "abc" AS Expr1, Now() AS Expr2, 100 AS Expr3;
```

So I guess I can just use this SQL in a OleDbCommand.

Is there a better way to do this? I just found out about DataRow by reading some answers in this discussion area -- is that a good way to do it? If so, I don't know how one stores a DataRow in an Access Table.

I'd appreciate any help.

Thanks,

Art